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The Current Scenario



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“November 2023: Ayodhya's Ram Mandir Construction Nears Completion amidst Historical Context”



The long-awaited wish of every Hindu will finally come to fruition as the construction of Ayodhya's Ram Mandir is in full swing. But before delving into further updates about Ayodhya's Ram Mandir construction, let's rewind the history. In the 16th century, Mughal emperor Babur demolished a temple at the site and built the Babri Masjid mosque. In 1949, idols of Rama and Sita were placed inside the Babri Masjid, sparking protests and clashes. The 1980s saw the rise of Hindu nationalist movements.

November 2023:- The Ram Mandir consecration remains a landmark event in India's recent history, leaving a lasting impact on the nation's cultural and religious landscape. Work intensified on sculpting the "Ram Lalla" idol for the inner sanctum sanctorum. This idol signifies the infant form of Lord Rama and was meticulously crafted as per specific guidelines.

Tight security measures were implemented in Ayodhya in anticipation of the upcoming

consecration ceremony. Multi-layered security protocols were put in place to ensure the safety of devotees and guests.

Preparatory rituals begin:

Several preliminary rituals commenced, including "Shila Pujan" and "Pran Pratishtha Pujan" for various parts of the temple complex.

December 2023:- Major construction work on the Ram Mandir was finalized, with finishing touches being added to the grand structure. The iconic red sandstone edifice stood tall, ready to be consecrated. Ghats along the Saryu River, considered a holy site in Ayodhya, were completed and prepared for devotees to take holy dips during the upcoming festivities.

The Ram Janmabhoomi Teerth Kshetra Trust sent out invitations to religious leaders, politicians, and other prominent figures for the consecration ceremony. The list remained a source of much discussion and anticipation.

By Shreyangi Singh, BMM Sem IV

Record-Breaking Moments: Highlights from World Cup 2023 a Lasting Legacy



The 2023 Cricket World Cup, a tournament engraved in history for its thrilling matches and smashed records. Hosted by India, the 13th edition of the mega-event witnessed cricketing magic unfold across 10 bustling stadiums, leaving behind memories that will remain for years.

The 2023 Cricket World Cup, hosted on home soil, witnessed the Indian cricket team rise to the occasion and capture the hearts of millions. India played total 11 matches and won 10 of them. They have beaten Australia, Afghanistan, Pakistan, Bangladesh, New Zealand (twice), England, Sri Lanka, South Africa and Netherlands so far. Losing only the final against Australia. This World Cup amazed people with twist and turns. For the first time ever, the West Indies failed to qualify for the World Cup while Netherlands, the underdogs, defeated England in the opening match.

The 2023 World Cup was a stage for young guns like Shubman Gill, Rashid Khan and Finn Allen announced their arrival on the world stage. The tournament also witnessed a plethora of record-breaking feats, with the final between India and Australia becoming the highest-scoring ODI ever played.

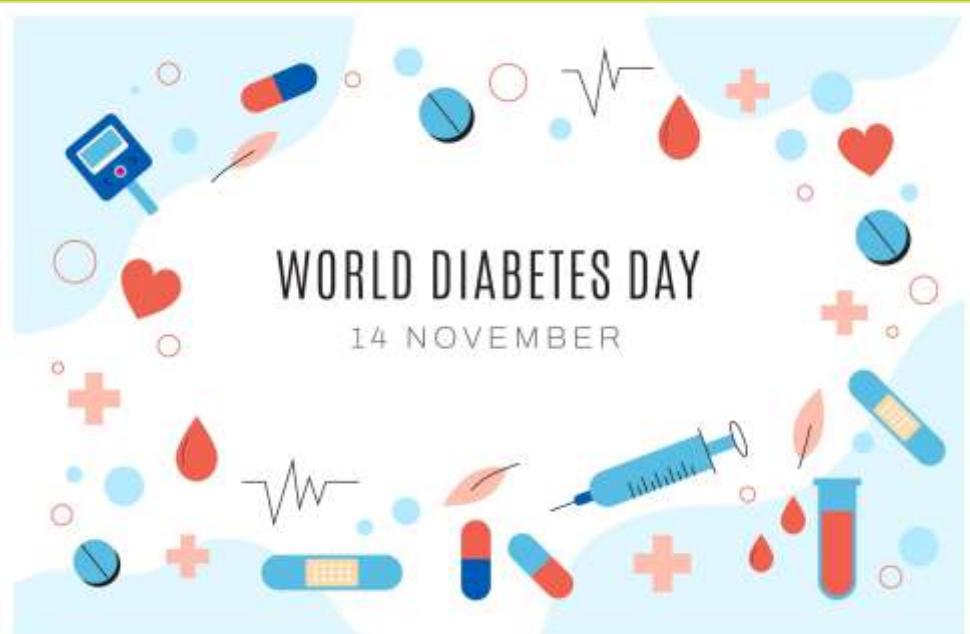
2023 World Cup was all about breaking records and setting milestones. Indian cricket giants like Virat Kohli and Rohit Sharma had a blast with Kohli's 765 runs crowning him the king of the tournament and Rohit Sharma, the "Hitman," lived up to his name with 54 sixes, the most ever in a single World Cup edition while Mohammad Shami broke Javagal Srinath's record for most wickets in a World Cup semi-final by an Indian bowler. Glenn Maxwell became the third-fastest player to score a World Cup century and Quinton de Kock first player to score 500 runs and affect 20 or more dismissals in a World Cup.

India's performance in the World Cup was undoubtedly impressive, reaching the final and showcasing consistent dominance throughout the tournament. Even if they didn't win the World Cup trophy, their journey remains a testament to the team's skill and resilience.

The 2023 Cricket World Cup was a memorable event filled with thrilling matches, iconic moments, and unexpected twists. It showcased the global appeal of cricket and left a lasting legacy.

By Nisha Chaudhary, BMM Sem II

World Diabetes Day 2023: Sparks Global Awareness and Amplifies Awareness



World Diabetes Day 2023: Sparks Global Awareness and Amplifies Awareness

World Diabetes Day is officially observed annually on November 14th. This day

focuses on raising awareness about diabetes, a chronic condition affecting millions globally. This year's theme, "Diabetes and well-being," emphasizes the importance of managing the condition for overall health. Over 460 million people worldwide have diabetes, with numbers projected to rise in the coming years. India is a global hotspot, with an estimated 77 million adults living with diabetes. Nearly half of all diabetes cases globally remain undiagnosed, highlighting the need for increased screening efforts.

Early detection and proper management are crucial for preventing serious health complications associated with diabetes, including, blindness, kidney failure, heart attack, stroke, lower limb amputation.

The good news is that type 2 diabetes can often be prevented or delayed through lifestyle modifications like maintaining a healthy diet rich in fruits, vegetables, and

whole grains, engaging in regular physical activity, achieving and maintaining a healthy weight, avoiding tobacco use.

The Indian government has launched several initiatives to combat diabetes, including the National Programme for Prevention and Control of Diabetes, Cancer and Cardiovascular Diseases (NPCDCS). These programs focus on raising awareness, promoting early diagnosis, and ensuring access to affordable treatment for diabetes. World Diabetes Day serves as a reminder to prioritize our well-being by understanding our risk factors, getting screened regularly, and adopting healthy lifestyle practices. By working together, healthcare professionals, policymakers, and individuals can create a future where diabetes is effectively managed, and well-being remains within reach for all.

By Nisha Chaudhary, BMM Sem II

“ISRO's Successful Launch of XPoSat Marks Milestone in India's Space Exploration”



The Indian Space Research Organisation (ISRO) kicked off 2024 with a successful launch on New Year's Day! Their X-ray Polarimeter Satellite (XPoSat) mission marks India's first dedicated effort to study one of the oldest mysteries of the universe: black holes and other cosmic X-ray sources. At 9:32 am, ISRO announced on their official X account (formerly Twitter) that the lift-off of the Polar Satellite Launch Vehicle (PSLV) was normal and XPoSat was launched successfully. Soon after, ISRO chief S Somanath confirmed the successful launch. The XPoSat mission launch also marked the 60th flight of the Polar Satellite Launch Vehicle (PSLV).

To delve deeper into the mysteries of black holes and neutron stars, this advanced rocket carries a 260-tonne astronomy payload. XPoSat, short for X-ray Polarimeter Satellite, is equipped with cutting-edge instruments to study the X-rays emitted by black holes and other celestial objects. By analysing the polarization of these X-rays, scientists can learn more about the intense

environments around black holes and the accretion disks of swirling matter that feed them. XPoSat will utilize X-ray photons and their polarization to study the radiation from near black holes and neutron stars. It includes two main key payload instruments: POLIX (Polarimeter Instrument in X-rays) and XSPECT (X-ray Spectroscopy and Timing).

The XPoSat satellite cost approximately \$30 million, whereas the NASA IXPE, which is on a similar mission since 2021, cost \$188 million. According to news agency ANI, former ISRO chairman G Madhavan Nair has highlighted the PSLV rocket system's evolutionary success and profitability in the pages of history. The launch of XPoSat underscores India's growing ambition in space exploration and its dedication to advancing scientific knowledge. It serves as a testament to humanity's curiosity and the relentless pursuit of discovery, even in the darkest corners of the universe.

By Shikha Jha, BMM Sem IV

“Lok Sabha Faces Security Breach: Individuals Release Gas and Shout Anti-Government Slogans”



On 13 December 2023, Lok Sabha faced a very critical security breach as two individuals, Sagar Sharma and Manoranjan, jumped into the Lok Sabha chamber from the visitors' gallery. They released yellow gas and shouted anti-government slogans, calling for an end to dictatorship and claiming patriotism. Coincidentally, 22 years ago, on the same date (13 December) in 2001, there was a terrorist attack in Parliament. There were a total of five individuals involved, including Neelam and Anmol, who were outside the Parliament protesting against the government with extra gas canisters similar to the ones used inside. The main mastermind, Lalit Jha, and his other partners are all under the custody of the police special cell. The security breach of the Parliament is a major serious problem that raises a huge number of questions about security practices across India's critical infrastructure. It highlights security lapses and a lack of strict adherence to rules and regulations, despite stringent measures reportedly instituted by the Indian government following the 2001 Parliament attack in Kashmir.

According to the new rules, visitors entering the Parliament premises cannot carry anything on or with them. This raises serious questions about the Parliament's policy on how these visitors were able to carry these canisters. After the Indian Parliament attack in 2001, several major additional changes were implemented, including the use of CCTV cameras everywhere, RFIDs on bona fide cars of Parliament, police barricades on approach roads, the closing of two main Parliament gates outside, and the issuance of ID cards to all visitors, along with measures to deflate tires if needed. The canisters carried by the two individuals last week did not set off metal detectors, indicating a failure of these security measures. Regrettably, the culture of security appears to still be lacking when it comes to critical infrastructure in India. While this particular security breach may appear to be more of a political embarrassment than anything else, it underscores the challenges India faces in protecting its critical infrastructure.

By Shikha Jha, BMM Sem IV

“BJP Sweeps Madhya Pradesh Legislative Assembly Elections, Dr. Mohan Yadav Succeeds Shivraj Singh Chouhan as Chief Minister”



became the longest-serving Chief Minister of Madhya Pradesh, ruling the state for 16 and a half years. However, after the 2023 elections, he was succeeded by Dr. Mohan Yadav from his own party in what was seen as a landslide victory for the BJP following its 16-year tenure.

BJP won the 2023 election with 163 seats, while the Congress came in second with 66 seats. Dr. Mohan Yadav, the 19th and current Chief Minister of Madhya Pradesh, is a member of the BJP and represents the Ujjain South constituency in the Legislative Assembly of Madhya Pradesh since 2013.

By Mannat Madaan, BMM Sem IV

Legislative Assembly Elections were held in Madhya Pradesh on 17th November 2023, and the results were declared on 3rd December 2023. These elections occur once every five years to elect all the 230 members of the Madhya Pradesh Legislative Assembly. A party needs to secure 116 seats for a majority. The BJP has been the ruling party in Madhya Pradesh since 2003, with Shivraj Singh Chouhan serving as the Chief Minister. Chouhan took office in 2005 and

“Indian National Congress-CPI Alliance Secures Majority in Telangana Legislative Assembly Elections”



The Telangana Legislative Assembly election was held on 30 November 2023 to elect all 119 members of the Telangana Legislative Assembly for its third term. The votes were counted, and the results were declared on 3 December 2023.

The Indian National Congress (INC) along with its ally, the Communist Party of India (CPI), won a clear majority with 65 seats, defeating the incumbent Bharat Rashtra Samithi (BRS), which secured 39 seats. This victory marked a significant achievement

for the INC, with 64 seats for the first time in Telangana. It strengthened its position in southern India following its recent success in Karnataka.

The Bharat Rashtra Samithi (BRS) and then-Chief Minister K. Chandrashekar Rao suffered a major setback in the elections, securing only 39 seats after being in power for two terms.

By Mannat Madaan, BMM Sem IV

“The Evolution of Crypto currency: From Bitcoin to Block chain and beyond”



Crypto currency, a digital form of currency, revolutionized the financial landscape in the early 21st century with the introduction of Bitcoin in 2009 by an anonymous entity known as Satoshi Nakamoto. Unlike traditional currencies, crypto currencies operate on block chain, a decentralized technology that ensures transparency and security by recording all transactions across a network of computers.

The rise of crypto currencies promised financial freedom and decentralized transactions, fuelled by block chain's digital ledger system. This innovation eliminated the need for central authorities like banks to

to evolve further, with governments and businesses exploring the development of Central Bank Digital Currencies (CBDCs) and other digital assets. This convergence of traditional finance with the digital currency world could offer a regulated and stable alternative to traditional currencies.

Beyond finance, block chain technology is finding applications in various industries, from healthcare to supply chains, offering decentralized and secure record-keeping solutions. This broader adoption of block chain suggests that the impact of crypto currencies extends beyond financial transactions to the management and



validate transactions, making crypto currency transactions faster and more efficient.

One of the key drivers of crypto currency adoption is its potential for financial inclusion, providing access to the global economy for populations underserved by traditional banking systems. Crypto currencies offer an alternative financial infrastructure accessible to anyone with internet access, bypassing the barriers of traditional banking.

Despite their potential, crypto currencies face challenges such as volatility and regulatory scrutiny. Price fluctuations and concerns about illegal activities have prompted governments and regulatory bodies to cautiously approach crypto currency integration into existing financial systems.

Looking ahead, crypto currencies are poised

security of data.

In conclusion, the emergence of crypto currencies marks a transformative moment in finance, offering potential for financial inclusion, efficiency, and innovation. As we navigate the complexities of this digital



frontier, collaboration between governments, businesses, and individuals is crucial to responsibly harnessing the benefits of crypto currencies. The future of crypto currencies holds the promise of a more interconnected and inclusive global economy, driven by decentralized technologies.

“Navigating India's Economic Landscape: Growth, Inflation, and Unemployment Trends”

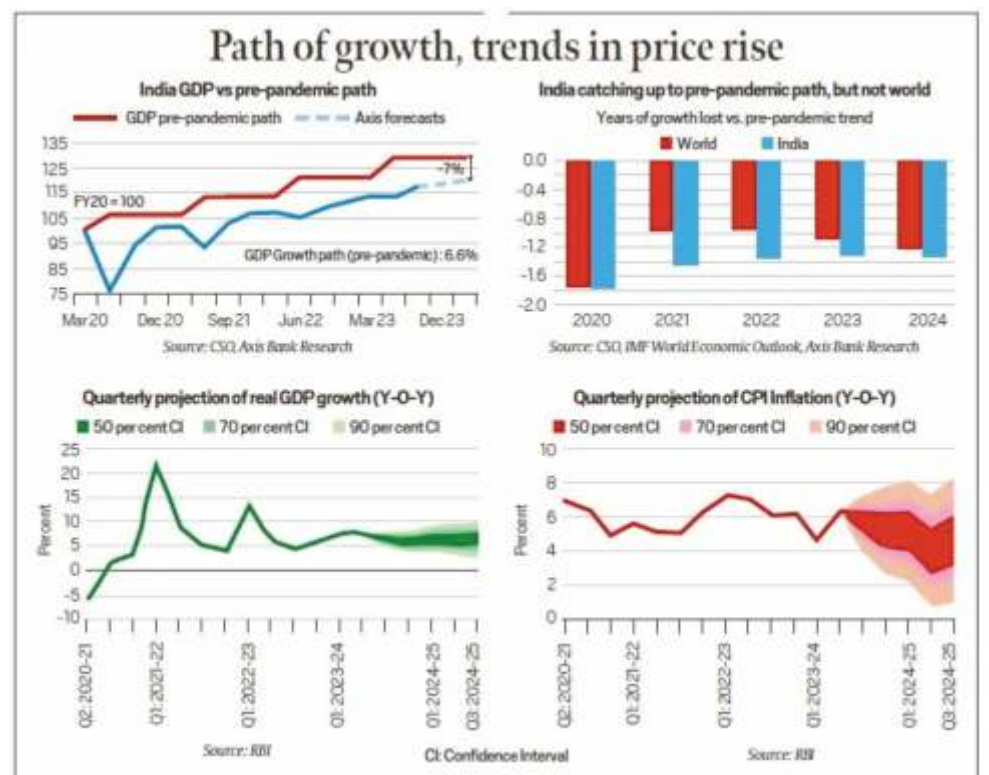


India's economic trajectory presents a nuanced blend of progress and challenges as it aims to achieve a US\$5 trillion economy by 2027. An examination of various factors driving growth, including inflation, unemployment, investment, sectorial performance, and the repo rate, is imperative to understand the dynamics at play.

In the first quarter of the fiscal year, India's GDP expanded by 7.8%, followed by a

markets. The Reserve Bank of India has been actively managing currency fluctuations to maintain stability, highlighting the central bank's pivotal role in managing monetary policy.

Unemployment rates reached a peak of 10.1% in October 2023, underscoring the challenges in job creation and workforce participation. Meanwhile, the repo rate, unchanged since February at 6.5%, influences borrowing costs and monetary



robust growth of 7.6% in the second quarter of 2023, surpassing expectations. Despite global economic uncertainties, India remains the fifth-largest economy globally, showcasing a commendable growth trajectory.

However, inflation remains a concern, with consumer prices surging by 5.55% in November 2023 after easing to a four-month low of 4.87% in October. The manufacturing Purchasing Managers' Index (PMI), a key indicator of economic health, remained above 50 throughout the year, signalling an expanding output, albeit with some fluctuations.

The Indian rupee experienced a modest depreciation of 0.29% against the dollar in 2023, reflecting fluctuations in currency

policy decisions, impacting investment and economic growth.

To sustain and foster organic economic growth in 2024, India must devise and implement robust policy frameworks tailored to its unique challenges and opportunities. With a focus on inclusive growth and stability, India aims to navigate the intricate economic landscape amidst global uncertainties and evolving geopolitical dynamics.

By M. Thanushya, BMM, Sem II

"Shaliza Dhama: Pioneering Officer in the Indian Air Force"



Shaliza Dhama is an officer in the Indian Air Force (IAF) who has achieved several firsts for women in the IAF. She was the first woman officer in the IAF to receive a permanent commission and the first woman to be selected in a front-line combat unit. Additionally, she was the first woman flying instructor of the IAF for Chetak and Cheetah helicopters. In October 2021, she became the first woman officer to lead the IAF Day parade.

Recently, she was appointed as the first woman officer to command a missile squadron in the IAF, making her the first woman to head a frontline combat unit in the IAF. Commissioned in 2003 as a helicopter pilot, she has over 2,800 hours of flying experience and has flown the Chetak and Cheetah helicopters. She has been commended twice by the Air Officer Commanding-in-Chief in the past. Shaliza Dhama was born in Ludhiana, Punjab, India. She pursued a Bachelor of Technology degree in Electronics and Communication from Khalsa College for Women. While pursuing her degree, she became a cadet of the National Cadet Corps' air wing. She was commissioned in 2003 as a helicopter pilot in the Indian Air Force (IAF). She has over 2,800 hours of flying experience and has

flown the Chetak and Cheetah helicopters. Dhama is a certified flying instructor and has experience as the Flight Commander of a Helicopter Unit in the Western region. She became the first woman flying instructor of the IAF for Chetak and Cheetah helicopters, making her the first woman flying instructor in the IAF. On 18 December 2018, Dhama became the first woman officer in the Indian Air Force to be granted a permanent commission.

Shaliza Dhama, as the first woman officer in the Indian Air Force (IAF), encountered numerous challenges and had to work exceptionally hard to prove herself. She faced the traditional gender biases and stereotypes prevalent in the male-dominated military environment. Despite these obstacles, she excelled in her career, becoming the first woman flying instructor in the IAF for Chetak and Cheetah helicopters, the first woman officer to be selected in a front-line combat unit, and the first woman to command a combat unit of the IAF. Her remarkable achievements have paved the way for other women in the Indian Air Force, inspiring them to pursue and excel in military careers.

By Shreya, BMM Sem II

"Purna Devasthali Makes History as First Female Officer to Command Indian Navy Warship"

Purna Devasthali has achieved a significant milestone by becoming the first female officer to command a warship in the Indian Navy. Hailing from Mumbai, Devasthali completed her schooling at the Convent of Jesus and Mary and pursued postgraduate studies in psychology from St. Xavier's College. Her family has a strong naval background, with her brother also serving in the Navy, and she is married to another naval officer, proud mother to a three-year-old daughter.

Devasthali's journey to command a warship was not without challenges, requiring rigorous training and a focus on physical fitness, academic excellence, and leadership skills. Despite obstacles, she remained committed to her goal, seeking guidance from mentors and maintaining resilience in the face of challenges. Commissioned into the Indian Navy in 2009,

Devasthali has now been appointed as the commander of the Western Fleet's warship under Rear Admiral Praveen Nair.

Taking command of the warship INS Trikand, Devasthali's previous roles include serving as the first lieutenant of the battleship INS Chennai and as the first female observer on the Tupolev Tu-142 maritime reconnaissance aircraft. Her appointment reflects the Navy's commitment to its "All Roles, All Ranks" approach, emphasizing diversity and inclusion within the organization. Admiral Kumar proudly announced that the number of women, known as Agniveers, in the Navy has surpassed 1,000, highlighting the ongoing efforts to promote gender equality and opportunities for women in various responsibilities within the Navy.

By Kajal, BMM, Sem II

"Minister Smriti Irani Defends Stance on Menstrual Leave, Rejects Notion of it Being a Handicap"



Minister of Women Development, Smriti Irani, defended her stance on menstruation leave, emphasizing that a woman's menstrual cycle should not be disclosed to her employer. In an interview, Irani expressed her concern about potential discrimination and harassment faced by women at work due to menstruation, highlighting the importance of not making menstrual leave mandatory. She argued that if a single woman chooses not to take the leaves granted to her, it should not result in adverse consequences.

Irani clarified that while such leaves are part of the law, they are categorized under medical leave according to the Occupational Safety and Health Standard Rules of 2020. Responding to critics who highlighted severe menstrual pain as a concern, Irani pointed out that it indicates

hormonal and chemical imbalances, necessitating immediate medical attention. The union minister also addressed queries raised by MP Manoj Kumar Jha during the 2023 winter session of Parliament regarding provisions for menstrual hygiene in the community. Irani questioned the relevance of such inquiries, asking why she would be expected to provide menstrual hygiene for individuals who do not menstruate.

Earlier, Irani had advocated against paid menstrual leave, asserting that menstruation is not a handicap and should not warrant a paid leave policy. She emphasized that menstruation is a natural part of a woman's life journey and should not be used as a basis for denying equal opportunities.

By Ashfiya Qureshi, BMM Sem II

"Brij Bhushan Singh Accused of Sexual Harassment: Controversies Surrounding Indian Wrestling Federation"

Brij Bhushan Singh, a prominent Indian politician and former president of the Wrestling Federation of India (WFI), has found himself embroiled in controversy amidst allegations of sexual harassment by India's top female wrestlers. Seven female wrestlers, including one minor, have come forward with testimonies against him in a filed FIR. Notable members such as Sakshi Malik and Vinesh Phogat have been actively involved in ongoing protests at Jantar Mantar in New Delhi, which persisted from January 18, 2023, to June 15, 2023. The primary objectives of these protests were to demand the arrest of the accused, make the oversight committee's report public, and dissolve the current Executive Committee of the Wrestling Federation of India (WFI). After several weeks of protests, the Delhi police intervened, bringing an end to the demonstrations at Jantar Mantar on May 28. The wrestlers officially called off their protest on June 7 following assurances from the Sports Minister that none of Brij Bhushan Singh's family members or close associates would be permitted to enter the WFI election fray.

On December 21, an election was conducted for the new president of the Wrestling Federation of India (WFI),

resulting in Sanjay Singh's appointment as the new president. Sanjay Singh, who hails from a business family with a longstanding involvement in wrestling, emphasized his passion for the sport. In an interview with the BBC, he clarified his relationship with Brij Bhushan Singh, stating that they have familial ties and have been close for the past three decades, although Brij Bhushan Singh later disputed this claim.

Amidst these developments, Sakshi Malik announced her decision to retire from wrestling as a form of protest against the federation's decision to replace the accused president with a close associate. These events underscore the need for increased vigilance and measures to safeguard the safety and dignity of athletes within the wrestling federation. It is imperative for the government to prioritize the protection and respect of athletes, particularly those who represent India on the international stage. Sakshi Malik's contributions to Indian wrestling have been significant, serving as an inspiration to countless aspiring athletes, especially women.

By Shivani, BMM, Sem II

Breaking Barriers in Medical History of India: Anandibai Joshi



Born into a Chitpavam Brahmin family Anandibai was India's first female physician and the first Indian woman to enter the United States in 1883 to pursue an education in medicine. Born in 1865 in Kalyan, Maharashtra, Anandibai's life was destined to defy societal norms and blaze a trail that would inspire generations to come. Anandibai Joshi's journey began in a time when education for women, especially in scientific fields, was a rare privilege. Despite facing extreme opposition and challenges, Anandibai remained firm in her quest for knowledge. Encouraged by her progressive-minded family, she began her remarkable journey to pursue higher education in medicine, a domain largely restricted to men in 19th-century India.

She became a mother by the age of 14, but her child, a son, died soon after his birth. This affected her severely, both physically and emotionally. Still a child herself, the loss of her own child made her aspire to become a doctor. The majority of Indian women were at that time unable or unwilling to go to a male physician, and Anandibai felt that as a woman doctor she would be able to serve other Indian women.

Her firm determination led her to study across America, where she was admitted to the Woman's Medical College of Pennsylvania in 1883. This marked a watershed moment not only in her own life but also in the history of women's education in India. Anandibai Joshi became the first Indian woman to obtain a medical degree from a western university, an achievement that underscored her remarkable intellect and resilience.

Anandibai's return to India in 1886 was not merely a personal triumph but a transformative moment for Indian society. Armed with her medical knowledge, she championed the cause of healthcare for women and tirelessly advocated for the education of girls. Her efforts were instrumental in challenging traditional norms and paving the way for greater female participation in medicine and education.

Despite her tragically short life – she passed away at the age of 21 due to tuberculosis – Anandibai Joshi's legacy endures as a testament to the power of determination and the quest for knowledge. Her pioneering spirit continues to inspire countless individuals, particularly women, to defy expectations and pursue their

dreams relentlessly. The impact of Anandibai Joshi's life cannot be overstated. Her courage in the face of adversity, her relentless pursuit of education and empowerment, and her advocacy for healthcare reform resonate deeply in the ongoing struggle for gender equality and social justice. She remains a symbol of hope and resilience, reminding us that with determination and vision, barriers can be overcome and societies transformed.

Anandibai was not merely India's first woman to attain a medical degree in western medicine: she was also a feminist and a nationalist at a time when women were a rarity in the public sphere. Although not a scientist in the proper sense of the term, Anandibai wrote and researched on matters of public health while still a medical student. She was an intelligent woman who was dispassionately perceptive of herself and her society - one who had independent views on contemporary gender issues. She was fearless in pointing out the obstacles to women's education in India, and yet was firmly anchored to an Indian cultural and nationalistic identity.

Anandibai chose a medical career because she wanted to serve other women who had inadequate health care. She defended this choice publicly and against heavy odds. Her personal life, too, was a continuous struggle on many fronts. Given the dramatic and eventful nature of her life, it is difficult to believe that she died so tragically young and despite treatment from both Western medical doctors and traditional Indian vaidyas. After her cremation according to Hindu rites, Gopalrao sent Anandibai's ashes to her 'American family' rather than immersing them in a holy river as was the usual practice. These ashes are buried in Mrs Carpenter's family lot in a cemetery in New York State. In death, too, their closeness endures.

Today, Anandibai Joshi stands as an icon of India's rich medical heritage and a beacon of inspiration for aspiring women in medicine and beyond. Her pioneering journey serves as a powerful reminder that the pursuit of knowledge knows no gender and that the spirit of innovation can transcend any obstacle. Anandibai Joshi's name will forever be marked in the annals of history as India's first female physician, a trailblazer whose legacy continues to inspire and illuminate the path forward for generations to come.

Barkha Dutt: An inspiration for aspiring journalists.



Barkha Dutt is an inspiration for every journalist and aspiring journalist. She was born on December 18, 1971, in New Delhi to S.P. Dutt, an Air India official, and Prabha Dutt, a renowned journalist in Hindustan Times. Her mother's journalism career influenced her path. Dutt's younger sister, Bahar Dutt is also a journalist in CNN-IBN. She did her graduation in English Literature from St. Stephen's College, Delhi, and later pursued a Master's in Journalism from Columbia University, New York. Her educational background gave her a strong foundation. Barkha Dutt's career in journalism took off with NDTV, where she worked for over two decades.

Barkha Dutt's association with NDTV was important in shaping her career. She was a prominent face of the channel. She hosted several high-profile shows, including "We the People" and "The Buck Stops Here". These shows and platforms helped her to engage with a wide audience and dive deep into the media world and press national and international issues. But her decisive reporting style, fearless questioning and interrogations, and a strong commitment to truth made her one of the most influential and inspiring figures in the field. Still, she could never escape from the controversies. Dutt's career took flight with her frontline reporting during the Kargil war between India and Pakistan in 1999 including a memorable interview with Captain Vikram Batra. Her ground coverage showcased her courage which brought her to national prominence. She established herself as a fearless journalist who can work in conflict zones. This experience marked a turning point in her career, pushing her to the forefront of Indian journalism. Afterward, she also did ground reporting in some of the world's most volatile regions, including Kashmir, Iraq, Pakistan, and Afghanistan.

Apart from her television work, Dutt has also influenced people with her written

words. She is the author of the book "This Unquiet Land: Stories from India's Fault Lines," this book shows the complexities of India's social and political landscape.

However, Dutt's career could not make it without controversies. Her career is marked by both acclaim and criticism. One of the most controversial events was her coverage of the 2018 Mumbai attacks. Critics accused her of sensationalizing the events and endangering the lives of hostages by revealing their location.

Barkha Dutt's name appeared in leaked conversations with corporate lobbyist Niira Radia on the Radia tapes scandal. This scandal destroyed her reputation and raised questions about the ethics of journalism.

Additionally, Dutt faced criticism for her reporting on the Kashmir issue, where she was accused of bias. Despite the controversies, criticisms, and allegations, Dutt has remained a strong voice on various causes. She earned respect and recognition from both national and international audiences from her efforts and work to raise awareness about gender-based issues and women's rights.

In 2017, Barkha Dutt started a new journey with the launch of her digital new platform, Mojo Story. Mojo Story has become a platform for investigative and in-depth news stories. As founder and editor of Mojo, Dutt has allowed herself to engage with audiences more directly. Dutt has been at the forefront with her team in covering critical issues such as the COVID-19 pandemic and social justice. This showcases her passion for journalism and her commitment to making a difference in the world through her work.

Barkha Dutt's career is a roller coaster ride that inspires aspiring journalists. Despite the controversies, her impact on Indian journalism is undeniable.

Highlights

IGNITE 2023



Satyam School of Journalism and Mass Communication (SSJMC) ignited creativity and talent with IGNITE'23, its annual media festival. The highlight of the event was a pulsating live concert by Avi Rajput, captivating the audience with his electrifying performance. Adding to the allure, RJ Rahul Makin, a seasoned radio personality, graced the occasion as a guest judge. His invaluable insights and thoughtful judgments elevated various competitions, providing students with a glimpse into the dynamic world of media. IGNITE'23 displayed the prowess of SSJMC students in diverse media fields, fostering an environment of innovation and collaboration. Avi Rajput's musical energy and RJ Rahul Makin's industry wisdom combined to create a memorable celebration of media arts. The festival exemplified SSJMC's commitment to nurturing talent and connecting students with industry influencers, making IGNITE'23 a resounding success in the college's cultural calendar.

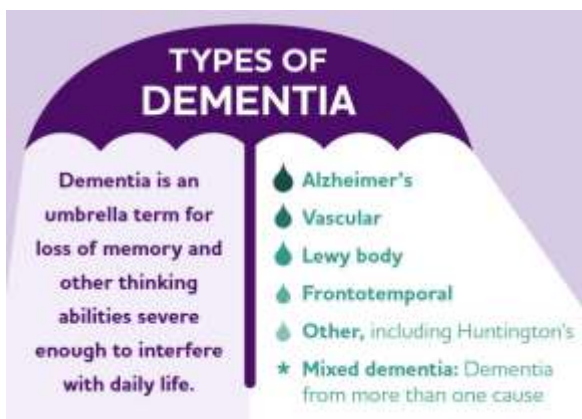


Understanding Dementia: Symptoms, Causes and Care Strategies



Dementia is a condition that affects millions of people worldwide, yet it remains widely misunderstood. Dementia is not a specific disease, but rather a general term for a decline in mental ability severe enough to interfere with daily life. It is characterized by a progressive deterioration in cognitive function, including memory loss, impaired reasoning, and changes in personality. Dementia is not a normal part of aging, and it can significantly affect a person's quality of life.

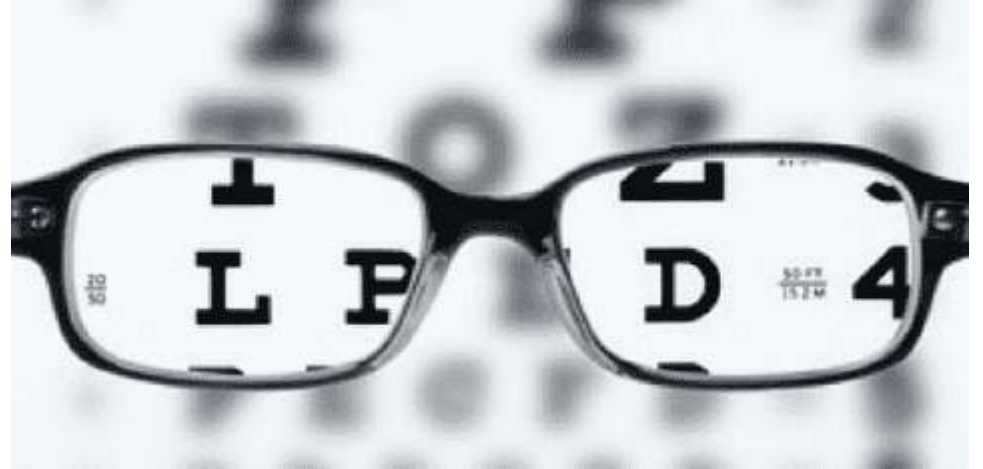
Dementia not only impacts the individuals who are diagnosed but also has a profound effect on their caregivers and families. It can be emotionally and physically taxing to witness a loved one's decline in cognitive function. Caregivers often face challenges in providing the necessary support while coping with their own emotional stress. Increasing public awareness and understanding of dementia is vital for fostering empathy and creating supportive communities. Educational initiatives aim to



There are various causes of dementia, with Alzheimer's disease being the most common. Other causes include vascular dementia, Lewy body dementia, frontotemporal dementia, and mixed dementia. Each type of dementia has its own unique characteristics and progression, making it essential to understand the specific diagnosis and its implications. The symptoms of dementia can vary widely depending on the type and stage of the condition. Common symptoms include memory loss, confusion, difficulty communicating, disorientation, and changes in behavior. As the condition progresses, individuals may also experience challenges with motor functions and self-care.

dispel stigma, provide information on early warning signs, and offer guidance on how to interact with individuals living with dementia in a respectful and compassionate manner. While there is no cure for most types of dementia, early diagnosis and intervention can help manage symptoms and improve quality of life. Treatment may include medication to manage symptoms, cognitive stimulation therapy, and support services to assist both individuals with dementia and their caregivers. Conclusion Dementia is a complex and multifaceted condition that requires a comprehensive approach to diagnosis, treatment, and support. By raising awareness, promoting understanding, and providing compassionate care, we can work towards enhancing the quality of life for individuals living with dementia and their families. In conclusion, it is imperative to recognize the impact of dementia on individuals and society as a whole, and to work towards fostering a more inclusive and supportive environment for those affected by this condition.

Visual Impairment: Building Awareness and Understanding



Vision, the most dominant of our senses, plays a crucial role in every stage of our lives. We take vision for granted, but without vision, we struggle to learn, to walk, to read, to participate in school and to work. Vision impairment occurs when an eye condition affects the visual system and its vision functions. Everyone, if they live long enough, will experience at least one eye condition in their lifetime that will require appropriate care. Vision impairment has serious consequences for the individual across the life course. Many of these consequences can be mitigated by timely access to quality eye care. Eye conditions that can cause vision impairment and blindness – such as cataract or refractive error – are, for good reasons, the main focus of eye care strategies; nevertheless, the importance of eye conditions that do not typically cause vision impairment – such as dry eye or conjunctivitis – must not be overlooked. These conditions are frequently among the main reasons for presentation to eye care services. Visual impairment is a condition that affects millions of people worldwide, and yet it is often misunderstood and overlooked. The lack of awareness surrounding visual impairment can lead to misconceptions, discrimination, and a lack of support for those living with this condition. Visual impairment refers to a significant loss of vision that cannot be corrected through glasses, contact lenses, or medical treatment. It can range from partial sight to total blindness, and it can be caused by a variety of factors, including eye diseases, genetic conditions, injuries, or other health issues. Individuals with visual impairment may experience difficulties with daily tasks such as reading, navigating their surroundings, recognizing faces, and participating in certain activities. Living with visual impairment can present numerous challenges that extend beyond the physical limitations. Social isolation, limited access to education and employment opportunities, and a lack of independence are common experiences for individuals with visual impairment. The inability to fully engage with the world around them can lead to feelings of frustration, anxiety, and depression. Moreover, the misconceptions associated with visual impairment can further intensify these challenges, making it difficult for individuals to feel accepted and

understood by society. Raising awareness about visual impairment is crucial for fostering empathy and understanding. By educating the public about the diverse experiences of individuals with visual impairment, we can break down stereotypes and promote inclusivity. It is important to recognize that visual impairment does not define a person's capabilities or worth. With the right support, individuals with visual impairment can lead fulfilling lives and contribute to their communities in meaningful ways.



It is essential to consider the needs of individuals with visual impairment in various factors. This includes implementing accessible infrastructure in public spaces, providing inclusive educational and employment opportunities, and promoting the use of assistive technologies. Additionally, promoting diversity and representation in media and popular culture can help to challenge existing biases and celebrate the achievements of individuals with visual impairment. Supporting organizations and initiatives that advocate for the rights of individuals with visual impairment is a meaningful way to contribute to this cause. By volunteering, fundraising, or participating in awareness campaigns, individuals can help to amplify the voices of those affected by visual impairment and work towards positive change. It is also important for policymakers to prioritize the rights and needs of individuals with visual impairment by enacting and enforcing legislation that ensures equal access and opportunities for all. Building awareness and understanding of visual impairment is essential for creating a more inclusive and empathetic society. By challenging misconceptions, advocating for accessibility, and supporting individuals with visual impairment, we can work towards a world where everyone is valued and included, regardless of their abilities.

"The Long Goodbye: When a House Remembers"

I often ponder upon the old torn books that lie in my grandfather's room. I envision how they must have been cherished, touched by his wrinkled, shaky hands every day. I imagine someone admiring their contents through foggy, crooked glasses, finding solace in their pages. Adjacent to them hangs a grimy mirror, surrounded by rusted grillage. Does it feel lonely, I wonder? It has witnessed the transformation of youthful mirth into the gentle curves of age, and now, it reflects no human presence for years on end.

Standing tall behind the blue, shady door is a walking stick, once the proud supporter of its only human companion. Does it now feel abandoned, relegated to a corner, its purpose forgotten?

And what of the four walls that my father once called home? What of the red floor upon which my mother took her first steps into a new life? What of the open terrace where I once felt the burn of the sun on my little feet? Do they, too, miss us, or have they forgotten us, just as we have forgotten them?

By Nisha, BMM, Sem II

"MISMATCHED TRIBE"

With pens in hand and books spread on the table, Harmony of laughter, jokes that we're able. Classroom dance parties, grades left behind, under library lights, books we unwind.

From borrowed lipstick to traded trends, Dress-up disasters, ditching brands, it transcends. Eyeliner strokes, high and low, each stroke's a language only we know. Shoes abandoned, we twirl on bare feet, Dance floor painted, hip sway to the beat. Teasing eyerolls, playful sting in the air,

inside jokes bursting, like a fountain, we share.

No judgments to cloud, imperfections we see, Confidence blooms in our reflections, carefree. Mascara tears and silent understanding, untold fears, secrets gently landing.

Girlfriends, confidantes, our chosen tribe, Where imperfections beautifully vibe. So raise a cup, to vulnerability's balm, to teardrops and bonds, unafraid of harm.

By Nisha, BMM, Sem II



Wait for your turn in life

Wait for your turn, it will pave the way, where you'll relax and have your say. Wait for opportunities to arise, to pursue your dreams, and reach for the skies.

Things may be different, that's true, but change will come, just wait, it's due. Never lose hope, it's your guiding light, Keep striving forward, with all you might.

Live life positively, wear a smile, and Embrace each challenge, mile by mile.

Hold onto your role and affection, they're your essence, your loving connection.

Lead your life in your own unique way, Find reasons to rejoice every day.

Fear not, for each dawn brings new cheer, Wait for your turn, your moment is near!

By Isha, BMM, Sem IV

वक्त देखना क्या सीखा वक्त के पाबंद हो गया है,
जिंदगी की भाग दौड़ में खुद पीछे छूट गया है.
सवेरे से शाम ऐसे हुईं के इतवार भी भूल गया,
जिंदगी की उलझन में उलझ सा गया.
ढूँढता रहता है किसको ना जाने खुद कहाँ खो जाता है,
एक पल व्हर आईने मे देखता है तो याद आता है.
बारिशो से खुदको बचाए फिरता है,
फिर भी हर डगर पर फिसल गिरता है.
मिल लेता है खुदसे दिन की कुछ हंसी ठिठोलियो में,
रात का क्या है, अकेला बेग फिर खो जाता है अँधेरों में.

"Farewell to Unspoken Regrets"

"Farewell to Unspoken Regrets"

A final sigh, a chapter turning slow, as midnight's hush begins to flow.

The past year's whispers, soft and brief, of lessons learned, of joys and grief.

No whispered guilt, no shadows cast, on promises that couldn't last.

For in the letting go, we find, the strength to

leave the past behind.

For every failure, a lesson learned, for every tear, a bridge returned.

Old resolutions gently fade, new chapters written, unafraid.

Let laughter echo, tears be free, this is the year for you and me.

By Nisha, BMM, Sem II



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